

Case studies

Project: Improving the well-being of older people, their families, and their communities in Asia, through resilient and self-sustaining community-based organisations and improved social protection (*commonly referred to as SANA Phase II*)

Project Period: March 18 – May 21

The project has worked to see that: 1) Older people and other members of OPAs (Older People's Associations) have improved health, increased opportunities for income generation and more effective care in the community, and 2) The dignity of older people is enhanced through the increased coverage and adequacy of social pensions.

The project piloted the implementation of an intergenerational and multi-functional OPA model with the targeted village level OPAs in Bangladesh, Cambodia, and Indonesia. Vietnam was engaged in the project to share their model with the other countries as they also are working towards national replication of the model (referred to as Intergenerational Self-Help Club in Vietnam).

Vietnam

LIVELIHOOD BENEFICIARY CASE STUDY IN PHU HAU THUONG VILLAGE, SON DONG COMMUNE, LAP THACH DISTRICT, VINH PHUC PROVINCE

I. Beneficiary information

Full name	Ms Le Thi Sen
Age	73 years old
Family circumstance	She lives with her husband & son's family
	Her income source is from livestock raising

II. ISHC Support

Before joining Phu Hau Thuong ISHC, her main income was from raising a few pigeons, chickens and pigs. She always thought it was necessary to change production methods or increase the number of animals to increase the family income

Fortunately, in Jul 2018 Phu Hau Thuong Village ISHC was formed and Ms. Sen became a member. By October 2018, the ISHC was granted IGA revolving fund worth 100 million VND (4,300 USD). She was one of the first person to recived the 5 million VND revolving funds with an interest rate of 50,000 VND per month, which is in her capcity to repay.

With her revolving fund she was able to increased the amount of pigeon. Now, she has 40 pairs of pigeon compare to only six pairs before. The price of a pair of price pigeons ranges from 100,000 VND (4.5 USD) to 120,000 VND (5.5 USD). The pigeon breeding cycle is only 45 days, which is very fast. This is a very suitable model for the older people.



Picture 1: Ms Sen's pigeon

Joining in ISHC, she has received new information on various aged friendly and pro-poor livelihood model such as how to make Effetive Microorganisms (EM), which she has used to reduce smell, give it to her animal to drinks and also make improved animal feeds



Picture 2: CMB is monitoring Ms Sen's model

In the process of raising livestock, if she has any difficulties and technical questions, the Club Management Board (CMB) and economic volunteer will help her. So far her new pigeon raising model has helped to increased her family income.

Indonesia

Pursue Hobby at 57

In the last few months, Muji Hartini (57 years old, widow) has a new hobby. This hobby began when she was invited to participate in the handwritten batik training held by the Tridadi Village Authority in July. At that time, the Village Authority not only facilitated the training, but also provided the equipment. Mrs. Tini, as she is called, tried to make a batik tablecloth as her first attempt. Second time, she wanted to make a dress using batik that she made herself. However, making batik doesn't only require creativity, perseverance and capital is also needed because the process is quite long. It started from painting on a plain fabric and then dried, dyed and so on, before the once plain fabric can be sewn to make a batik sarong or clothes. To make a batik fabric, she usually spent approximately Rp. 150,000 (USD 10) for plain fabric and equipment, the process took time one week but it depends on the length of the fabric, motif, and of course available time. Due to her limited fund for her handmade Batik making hobby, Mrs. Tini has other activities such as sewing, making sandals, lending a hand to look after her nieces at their home, or basically anything that she can do to earn some money, even if not much.



On 13 August 2018, Tridadi Village Authority officially launched the formation of the *Berseri* Intergenerational Group whose members consisted of older people and pre-older in Beteng, Dukuh and Pisangan subvillages. In accordance with its abbreviation, the group wants its members to be lively, healthy and independent. Each month, Mrs. Tini keeps waiting for the monthly meeting to be participated in. She has been living alone these five past years. Years ago she has suffered from illness, needed medication so she rarely involved in any meeting of women's group in the village. For her, monthly meeting is fun because she can let go of boredom by meeting other members, laughing and singing together, and gaining new knowledge. "In last monthly meeting I was taught to make bean sprouts, then the other day we also tried to make something from banana trunk. I tried to make it at home, the results were good but I didn't know what to do after that. Finally, I asked the vegetable seller whether they can help me to sell the sprout, and luckily he said yes," said Mrs. Tini. Not only that, as IG member, Mrs. Tini was able to apply for micro-credit that was managed by IG. She used this loan to pursue her hobby—making batik.

"At first I was considering to open a food stall in front of the house, but because this house belongs to my sister, I am afraid that it will make the environment unclean. So I thought batik was more fun, I could do it alone at home, with unlimited time. I also like to paint and if I'm bored I can make other things," she adds. She is grateful to be able to access the micro-credit to pursue her passion for business. Indeed, making batik requires time to make a good batik, but with micro credit support, Mrs. Tini can now focus on making good motives without the need to think about the money to buy batik's equipment. She hopes her batik will be sold in good price so she's no longer depends on the giving of her sisters.

